



HI. I AM A SLEEP COACH & CONSULTANT & I'M EXCITED TO INTRODUCE SLEEP SOLUTION PACKAGES FOR SCHOOLS & EDUCATION SETTINGS - DESIGNED TO HELP STUDENTS & STAFF RAISE AWARENESS AND EDUCATE ON MODERN DAY SLEEP-RELATED CHALLENGES. TO CELEBRATE THIS LAUNCH, I AM OFFERING AN **EXCLUSIVE LIMITED-TIME 33% OFF DISCOUNT**. I HOPE TO CHAT WITH YOU SOON.

Dan Evison



SLEEP SOLUTION PACKAGES FOR SCHOOLS & EDUCATION SETTINGS



EDUCATE

SLEEP FOR LEARNING SUCCESS - A STUDENT WORKSHOP (YEAR GROUPS 7-11)

£449 £299

20% REDUCTION FOR ALL 5 YEAR GROUPS

£1495 £1196

EXCEL

SLEEP FOR EXAM SUCCESS - A STUDENT WORKSHOP (YR 10-13)

£225 £149

20% REDUCTION FOR ALL 4 YEAR GROUPS

£596 £477

EMPOWER

SLEEP WELL AMBASSADORS (SLEEP CHAMPIONS)*

PER DELEGATE ONLINE & LIVE

£99 £66

PER DELEGATE IN PERSON**

£225 £149

ELEVATE

STAFF WELLBEING DAY - SLEEP & THRIVE

HALF DAY

£299 £199

FULL DAY

£449 £299

ENLIGHTEN

SLEEP FOR LEARNING SUCCESS - EDUCATION PROFESSIONALS WORKSHOP

£449 £299

A PARENTS WORKSHOP FOR TEENAGERS SLEEP

£199 £133

ENGAGE & EXPLORE

WORKPLACE SLEEP HEALTH EVALUATION INITIAL ASSESSMENT (PER MEMBER)

£39 £26

INCLUDES - FEEDBACK REPORT, STAFF SLEEP HEALTH WORKSHOP, 1:1 CONSULTATIONS* RECOMMENDATIONS FOR IMPROVEMENTS & MORE**

To Enquire - sleepandthrive@outlook.com | 07462653395

*STAFF ONLY - DISCOUNTS ARE AVAILABLE FOR GROUP BOOKINGS - PLEASE ENQUIRE

**LIMITED NUMBER OF CONSULTATIONS