



HI. I AM A SLEEP COACH & CONSULTANT & I'M EXCITED TO INTRODUCE SLEEP SOLUTION PACKAGES FOR BUSINESSES & ORGANISATIONS - DESIGNED TO HELP RAISE AWARENESS AND EDUCATION ON MODERN DAY SLEEP-RELATED CHALLENGES WITHIN THE WORKPLACE. TO CELEBRATE THIS LAUNCH, I AM OFFERING AN **EXCLUSIVE LIMITED-TIME 33% OFF DISCOUNT**. I HOPE TO CHAT WITH YOU SOON.

*Dan Evison*



## SLEEP SOLUTION PACKAGES FOR BUSINESSES & ORGANISATIONS



### EDUCATE

SLEEP HEALTH AWARENESS WORKSHOPS

10 AVAILABLE

£149 £99

**20% REDUCTION FOR 4 WORKSHOPS**

£396 £317

### EXCEL

SLEEP FOR PRODUCTIVITY & WELLNESS - A BUSINESS WORKSHOP

1 SESSION

£299 £199

HALF DAY

£597 £399

FULL DAY

£1194 £799

### EMPOWER

SLEEP WELL AMBASSADORS (SLEEP CHAMPIONS)\*

PER DELEGATE ONLINE & LIVE

£99 £66

PER DELEGATE IN PERSON

£225 £149

### ELEVATE

EMPLOYEE WELLBEING DAY - SLEEP & THRIVE

HALF DAY

£299 £199

FULL DAY

£449 £299

### ENLIGHTEN

SLEEP FOR SUCCESS - BUSINESS LEADERSHIP & MANAGEMENT WORKSHOP

£449 £299

### ENGAGE & EXPLORE

WORKPLACE SLEEP HEALTH EVALUATION INITIAL ASSESSMENT (PER MEMBER)

£39 £26

INCLUDES - FEEDBACK REPORT, STAFF SLEEP HEALTH WORKSHOP, 1:1 CONSULTATIONS\*\* RECOMMENDATIONS FOR IMPROVEMENTS & MORE

To Enquire - [sleepandthrive@outlook.com](mailto:sleepandthrive@outlook.com) | 07462653395

\*DISCOUNTS ARE AVAILABLE FOR GROUP BOOKINGS - PLEASE ENQUIRE \*\* LIMITED NUMBER OF CONSULTATIONS